

Kids 1st Childcare & Learning

Centre Ph: 4321411

NEWSLETTER August 2018

Kia ora whanau. Welcome to our new children Leo Cave, Pippa Bailey, Mac Gordon and their whanau. Welcome back Zoey Marshall. You have all settled really well into Kids 1st; we look forward to being a part of your learning journey in partnership with your whanau.



Haere ra to Bella McKay who is off to school. Happy school days to you Bella. We celebrate leaving for school with a "Jump off" and graduation ceremony. Haere ra to Neko McAulay and his whanau who are moving out of the area and haere ra to Charlie Comery. We will miss you all but look forward to hearing about your next exciting adventures.

Thanks to the parents who came along to meet the Waipu Primary New Entrant teachers who visited with their classes. Being familiar with the children and teachers helps with our tamariki's transition to school.



Today Waipu Primary New Entrant teachers and friends visited Kids 1st. Great for getting to know the teachers and reconnecting with our friends who have gone to school. This all helps with this transition. Noe 31/8/18



Be sure to ring your child's school, preferably when they turn four, to inform the school of their upcoming enrolment.

Dates to Remember

Nature Programme Dates: for the eldest nine children. 7th and 21st September. Please be here by 8a.m. so we can make the most of the morning. We need at least one parent helper. Please see one of the staff to let us know when you can help.

Coffee Morning: Wednesday 19th September 9.30a.m. Stay for a coffee and watch your child at play.

Week of 3rd to 7th September

Dad's Day (or your special person)

8.00 to 9.00a.m. or when it suits you! Come along and do some woodwork, play some ripper rugby or hockey, play an instrument, sing, paint, play with your child.

Maori Language Week: 10-14 September

To promote Te Reo Maori we will be learning a new kupu (word) each day. Try them on us!

Staff Update: Welcome back Robyn; great to see you back in New Zealand! A huge CONGRATULATIONS to Christie and Sean, who are having their third child in March 2019.

Professional Development:

All of our staff have their first aid certificates and recently did their refresher course.

Healthy Eating and Active Movement = healthy children

Our recent refresher first aid course reiterated the risks to children choking on food. Children should be seated when eating. Please think about what you are sending along in their lunch boxes as soft fruit such as grapes, tomatoes and saveloys can easily block the airways. Slice them through into quarters to avoid choking. Check out this article.

<https://www.theguardian.com/society/2016/dec/20/lack-of-awareness-of-grape-choking-hazard-putting-children-at-risk-say-doctors>

Our Programme ...Play is our children's work.

An excerpt well worth reading, from our professional development handouts.

Source: Consistent, responsive, loving care grows great brains. Brainwave Trust.

2018

Understanding the importance of play...

Play isn't something children do when there is nothing better to do. Child led play is crucial for brain development in terms of emotional development (practising relationships) and intellectual development (exploration and experimentation). It is through play that children develop the skills needed to negotiate the world in many ways, and in the preschool years this is more important than anything that they can learn in the classroom.

Child led play is when the child, as long as they are safe, gets to follow their own interests. The contrast is when the adult sets what they think is important.

Many parents feel pressure to join classes but formal programmes or scheduled activities are not what a child needs in their first few years, despite what advertisers tell us. If children are expected to do things that they are not ready for, it is unlikely to be beneficial. In fact, it could compromise normal biological brain development for that age and stage. Children do not need expensive toys. Rather they need everyday opportunities to be imaginative and creative and to solve problems. Some examples are making music with pots and pans, or making huts under the furniture. As they get older they will also learn about healthy relationships through sharing, taking turns and solving conflict.



Liam and Ryan play using real cooking utensils, flour, salt and playdough. A great sensory experience.

Watching violent programmes can increase anti-social behaviour. Even TV on in the background has been shown to have a negative effect on parent-child interactions.

Source: Consistent, responsive, loving care grows great brains. Brainwave Trust, 2018.



Left: Lucy, Otis and Eliza and below Alyx and Clara experimenting and exploring their senses with shaving foam.



Van plays on the ramps with the balance bike; following his interest in bike riding and exploring his balance skills.

Below Carter plays using cooking utensils in the sand pit.



Harvey, Isla, Eliza, Otis, Will and Van take turns to mix the ingredients to make chocolate chippie cookies! Maths, oral language, science, social skills, sensory exploration and more all from cooking together! Spencer, Will, Zoe, Bella, Violette, Layla, Rosie and Peyton with Katy-Sue at Waipu Cove on our Nature Programme learning about our local area of Bream Bay, caring for our environment, enjoying being active and the great outdoors, building relationships and taking responsibility are some of the positive outcomes from our Nature Programme.



Tui and Bowie playing families; following their interests, creativity, imagination, solving problems, learning about social

relationships.

Brainwave continued...

Playful interactions with loving, patient parents or caregivers are more beneficial than lots of toys.

Understanding the implications of screen time and electronic media.

Long periods of time in front of a screen are literally robbing young children of time to gain the variety of experiences that build a healthy brain.

Watching television when young can be associated with difficulty paying attention and poorer vocabulary development. It can also reduce play and interaction time between parent and child, and child and siblings.



Have a great month. Ka kite ano. Noela, Sally, Kathy, Katy, Sarah, Robyn, Amber, Christie and Kate.