

Kids 1st Childcare & Learning

Centre Ph: 4321411

NEWSLETTER JUNE 2016

Tena kotou katoa whanau. A big welcome to our new tamariki Ashton Millar and Tanaya Tau, we look forward to getting to know you and your whanau. Haere ra to Amy Gwilliam Fraser, Arlo Green and Kiera Smith who are heading off to school. We will miss you all and send



all our aroha to you and your whanau. Best wishes, do come back and see us.

With Tartan

Month in Waipu and Matariki (Maori New Year) we are celebrating! The week of 4th to 8th July we will be making masks with a Maori legend/tartan theme to display at the Art n Tartan Show here in Waipu. We need your help please in making these and invite you to come along, help out and watch your child perform in our Matariki performance. We will have a shared kai morning tea so can everyone please bring along some kai to share and some natural resources such as flax, shells, hessian, wool, etc for mask making.

Dates to remember:

Fridays 8th and 22nd July

Nature Programme excursions (for the eldest 9 children participating every second Friday) please be at the centre by 8.00 a.m. so we can make the most of the day. Parents are asked to help out; please let us know what date you are available.

Week of 4th - 8th July (mornings)

Mask making/Matariki /Tartan Month celebration.

Monday 18th July Monthly Coffee Morning.

Drop in for a coffee and baking.

Maori Language

To promote Maori language within the community each month we include a little phrase. Try this:

Ka mau te wehi. (Awesome!)

The following English equivalents are a rough guide to pronouncing vowels in Te Reo Maori:

- | | |
|------------------------|----------------------------------|
| a (as in far) | e (as in desk) (short and sharp) |
| i (as in fee, me, see) | o (as in awe) (not oh!) |
| u (as in new) | |

Healthy Eating Check out this great website:

www.kidspot.com.au/kitchen/group/healthy-recipes

Healthy lunch box recipes...Keep your kids going all day long with these healthy lunch box ideas. From sandwiches, to wraps and scrolls, and from muffins to slices and biscuits, we've got you covered. Try making these cheese and Vegemite scrolls, pizza pinwheels or yoghurt and oat muffins.



Sultana Bran
snack bars

Lunch box rice
noodle salad

Rice cake owls

Fruit sushi



Active Movement....

Source: SPARC (Sport & Recreation NZ)

Keep your children active for optimum development. Active Movement develops:

- a life-long interest in being physically active
- an understanding of the body and how to move
- bones and muscles
- confidence and self-esteem
- memory
- the eyes
- a willingness to try challenging activities
- the ability to work with others
- speech and language
- the brain

Professional Development... Last Saturday we all took part in our First Aid course. Great to keep current. We were inspired by the art we saw at a workshop in a Whangarei kindergarten and have reflected on this and trying out some of the ideas. Take a look at the beautiful creations on display - dye and vivid pens and screen printing were popular.

Family Tree...

Please please please bring in a photo for our whanau (family) tree) it is looking rather depleted.

Please check lost property - a mountain is growing!!

Waipu Primary Visit...

Thanks to all the parents/grandparents that came along on our trip; it is great for the children to become familiar with the school, teachers and children to help ease the transition to school.



Our photo gallery...



Bike riding...



Our Nature programme...



Waipu Primary Visit...



**Every child is an artist...
Pablo Picasso**



Ka kite ano whanau.
See you again whanau.
Arohanui, Noela, Sally, Sarah, Amber,
Robyn, Nikki, Christie and Theresa.

