

Kids 1st Childcare & Learning Centre

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NEWSLETTER July 2016

Tena kotou katoa whanau.

Haere mai, welcome to our new children and their whanau. We look forward to getting to know Isaac Chapple, Rhys Herbert, Sacha Campbell, Zach Kelly, Mila Tonkin, Sapphire Eltringham and their whanau.



Haere ra to Blake Ford, Isla Taylor, Tanaya Tau and their families who have moved. Happy school days to Anabel Gammage,

best wishes to her and her family.

Thank you to all the whanau who helped out with the Tartan/Maori Legend themed masks. They looked spectacular displayed at The Celtic Barn for the Art n Tartan show in Waipu.

Matariki has been well celebrated creatively with beautiful lanterns made, dynamic masks created, screen printing, making of stars and lots more related

artwork. Small waiata concerts were performed; legends told and acted out and the preparation and planting of our garden beds.

The amazing Waipu Primary Kapa

Haka performed for our children too, it was awesome to see so many tamariki who had been to Kids 1st performing.



Dates to remember:

Fridays 5th and 19th August

Nature Programme excursions (for the eldest 9 children participating every second Friday) please be at the centre by 8.00 a.m. so we can make the most of the day. Parents are asked to help out; please let us know what date you are available.

Tuesday 16th August Monthly Coffee Morning...

Drop in for a coffee and baking.

Maori Language

To promote Maori language within the community each month we include a little phrase. Try this:

Kia manawanui! (Keep going!) The following English equivalents are a rough guide to pronouncing vowels in Te Reo Maori:

a (as in far) e (as in desk) (short and sharp)

i (as in fee, me, see) o (as in awe) (not oh!)

u (as in new)

We invite you to get your FREE Maori language learning system that is fun to use. You can use "Hika" online or via an app you can download from the Android or Apple store. Go to: <http://explorer.hikagroup.com/ece/kids-1st-childcare-learning-centre-ltd/join-hika>

Healthy Eating and Active Movement = Healthy Children
Check out this great website:

www.kidspot.com.au/kitchen/group/healthy-recipes

(Excerpt from this website.) *On a general health level, teach your child at an early age the importance of regular hand washing - it's the most effective way to minimise cold and flu bugs. Establish hand washing at set times - after the toilet, before meals and snacks, after coming home from school, the playground or a friend's house. Teach your child to avoid touching their eyes or nose (a challenge, granted!) and teach them to use a tissue when they cough or sneeze, or to sneeze into the crook of their arm. Plenty of sleep, fresh air and*



Planting our indoor tomato plant...

exercise will help to keep their immune system thriving, but an essential way to keep them healthy from the inside out is by giving them a healthy diet. Follow these great tips for great disease-fighting winter nutrition.

Sneak in fruit and vegies wherever you can... You should be aiming for

your child to eat five servings of fruits and veggies a day.

Carrots, green beans, oranges and strawberries are all packed with immunity-boosting phytonutrients such as Vitamin C and carotenoids, which can increase the body's production of infection-fighting white blood cells and interferon, an antibody that blocks out viruses.

Staff...Christie will be on maternity leave from 28

September. Our teachers will be covering her days; Noela on Monday, Nikki on Tuesday, Sarah and Amber on Wednesday.

Amber will be on a 4 week practicum for the month of September. Lana Doherty will be covering for her.

Family Tree...Have you got a photo for our family tree up yet?

Car Park...Please consider others and park closer to other vehicles to allow more people a space. Thanks.

Lost Property...Is your child's clothing named, if not please do so; our lost property mountain is growing!!

Our photo gallery... Children learn through their play...





our masks...

Ka kite ano. Noela, Sally, Sarah, Nikki, Robyn, Christie, Amber and Theresa.